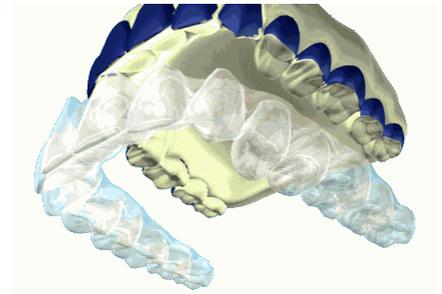
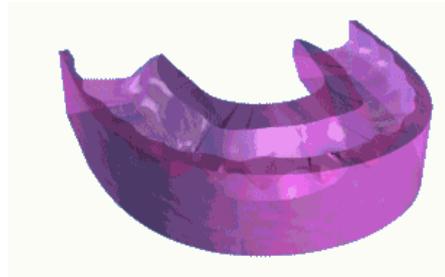
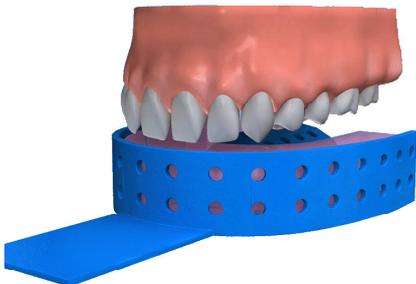


TOOTH WHITENING

Q What does tooth whitening do?

A Tooth whitening can be a highly effective, yet very simple way, of lightening the colour of teeth without removing any of the tooth surface.

tinge, some are more beige – very few are actually ‘white’. Teeth also yellow with age and become stained on the surface by food and drinks such as tea, coffee and blackcurrant. Calculus (tartar) can also affect the colour of the teeth. Some people may have staining inside their teeth. This can be caused by certain antibiotics or tiny cracks in the teeth, which take up the stain.



Q What does the procedure involve?

A In a live tooth the dentist applies the whitening product using a specially made tray which fits into the mouth like a gum shield.

If the tooth has been root treated, the canal, which previously contained the nerve, may be reopened and the whitening product is put in.

In both cases, the procedure needs to be repeated until the right shade is reached.

Q How long does the procedure take?

A First of all you will need 2 or 3 visits to a dentist. He/she will need to make a mouthguard and will need to take impressions for this at the first appointment. Once treatment has been started, you will have to continue it at home. This will mean applying the whitening gel regularly over 1-2 weeks for up to 8 hours.

Q Why would my teeth need to be whitened?

A Everyone is different; and just as our hair and skin colour varies, so do our teeth. Some teeth have a yellowish

Q Will I be happy with the results?

A Treatment results may vary depending on the original shade of the teeth. Teeth will tend to darken slightly over time. The effect lasts for around 1.5 to 2 years, although sometimes it can last longer. Some people find that their teeth are sensitive for the first few days after treatment, but this wears off after a short while.

Q When might whitening not work?

A Whitening can only lighten your existing tooth colour. For a change to specific chosen shade veneering is another option. Whitening also works on natural teeth. It will not work on any type of ‘false’ teeth. This includes dentures, fillings, crowns and veneers. Stained veneers, crowns and dentures may need replacing.

